



LA VITA
SPA & BEAUTY
MASAŽNO - LEPOTNI CENTER

MASSAGE

THAI MASSAGE (50 min.)	60,00 €
An energetic sports massage, which focuses mainly on stretching the body and applying pressure on energy points. It promotes greater joint flexibility and improves blood circulation. It strengthens the internal organs and their vitality. During the massage, you are dressed in comfortable cotton clothing.	
REFLEX FOOT MASSAGE (30 min.)	42,00 €
Reflex foot massage is a type of massage that involves a special manual technique to apply pressure to specific reflex points in the feet. During the massage, the therapist can detect and eliminate blockages in the energy channels, and thus stimulate the flow of energy.	
BERBER BODY MASSAGE (50 min.)	62,00 €
Manual lymphatic drainage is a pleasant, relaxing and very gentle technique to accelerate the outflow of lymph and intercellular fluid from the parts of the body where they have accumulated.	
BERBER BODY MASSAGE (80 min.)	77,00 €
CLASSICAL MASSAGE (30 min.)	40,00 €
Classical or Swedish massage combines elements of Greek, Chinese, Egyptian and Roman manual massage techniques. It activates the release of the so-called happiness hormones, restores energy balance and reduces stress.	
CLASSICAL MASSAGE (50 min.)	52,00 €
CLASSICAL MASSAGE (80 min.)	67,00 €
CHOCO MASSAGE FOR TWO	100,00 €
An indulging chocolate massage by candlelight, with a glass of sparkling wine.	
AROMATHERAPY MASSAGE (50 min.)	62,00 €
Thanks to a combination of special techniques and essential oils, this massage has a positive effect on blood circulation and lymph flow, allowing more nutrients to be delivered to the skin. This results in a more youthful appearance and increased elasticity.	
RELAXATION COCKTAIL MASSAGE (50 min.)	62,00 €
This massage combines several different manual massage techniques and targets both the body and the face. Give yourself the gift of complete relaxation, enhanced by the nutritious oils, which will restore your skin's natural glow and tightness and put a smile on your face.	
MASSAGE FOR PREGNANT WOMEN (50 min.)	58,00 €
This massage can alleviate inner tension and imbalance. It accelerates blood circulation, thereby relaxing the tense and tired muscles pregnant women face. Our adapted massage with organic cosmetics will help future mums feel comfortable, and is recommended after the 20th week of pregnancy.	

AYURVEDA

ABHYANGA (80 min.)	100,00 €
Indulge your body and mind in the wonderful world of Ayurveda's anointing.	
PADABHYANGA (40 min.)	57,00 €
Ayurvedic lymphatic drainage, which accelerates the movement of the lymphatic fluid and the elimination of toxins from your body. This technique is gentle on your lymph nodes, because the waste is eliminated through the secretory organs.	
INDIAN HEAD MASSAGE (30 min.)	40,00 €
For everyone suffering from headaches, migraines or stress. Or for those, who simply enjoy it.	

FACIAL BEAUTY TREATMENT

»LA VITA« QUICK FACIAL (30 min.) Short facial for problem skin.	40,00 €
»LA VITA« DELUXE FACIAL (60 min.) A classic facial, which includes cleansing, a mask and a massage. It has a calming, cleansing and pampering effect. The facials are modified according to the season.	60,00 €
»LA VITA« PRESTIGE FACIAL (90 min.) A facial with antiaging and anti stress effects. Deep cleansing mask with an immediate lifting effect, a special relaxing massage technique for the face, neck and décolleté.	115,00 €
INTENSIVE PEELING FACIAL CARE (60 min.) This facial care regime involves intensive peeling and moisturising at the same time, smoothing skin, reducing superficial inflammation and removing impurities from the depths of our pores. Its unique formula stimulates collagen production, which improves skin elasticity and firmness, even in deeper layers, evening skin tone, eliminating all visible dark blemishes resulting from sun exposure, and scars.	70,00 €
GOLDEN FACIAL CARE (120 min.) Experience luxury on your face with this non-invasive revolutionary organic skin care regime, which ensures flawless appearance. These skin care products use the power of nature and are in perfect harmony with the most recent developments in cosmetic technology. Golden facial care uses an exceptionally rare form of bee venom, which will rejuvenate your skin, leaving it feeling comfortable; utilising special massage techniques, it helps reduce eye swelling, lifts double chins and, at the same time, offers a spiritual experience. Using various light techniques made possible by the 3D LED mask, we will eliminate irregularities such as acne, wrinkles, rosacea, pigmentation and toning.	180,00 €
FACIAL MASSAGE (30 min.) Enjoy a relaxing massage that will relieve tension and restore youth and vitality to your face and neckline.	27,00 €
EYEBROW BEAUTY TREATMENTS	15,00 €
EYEBROW AND EYELASH TINTING	20,00 €
MAKE-UP	40,00 €

BEAUTY TREATMENTS FOR HANDS AND FEET

HAND CARE (30 min.) Hand treatments with the use of powerful nourishing ingredients, which include exfoliation, nail shaping, a mask and a stimulating hand massage. Your skin will be nourished, rejuvenated and protected.	40,00 €
APPLYING NAIL COLOUR	15,00 €
PARAFFIN WAX HAND MASK	20,00 €
CLASSICAL PEDICURE	37,00 €
MEDICAL PEDICURE	47,00 €

BEAUTY TREATMENTS FOR BODY

BODY SCRUB (20 min.)	28,00 €
A gentle treatment for silky-smooth skin. The process removes dead and old skin cells.	
»LA VITA« BODY DETOX & REFRESH (60 min.)	75,00 €
Anti-cellulite, skin-toning or slimming treatment for the body with the use of carefully selected products, based on the wishes and needs of the client. After each treatment, the skin appears smoother and more toned, the "orange peel" effect is reduced, the skin is more radiant and nourished.	
DEPILATION - FACE	15,00 €
DEPILATION - LEGS PARTIALS	20,00 €
DEPILATION - LEGS	30,00 €
DEPILATION - BIKINI	20,00 €
DEPILATION - BRAZILIAN	35,00 €

TREATMENTS FOR BODY SHAPING AND FACE, NECK AND DÉCOLLETÉ REJUVENATING

LIFTING EFFECT - FACE / BODY (60 min.)	70,00 €
A unique treatment that includes several machine techniques for the face. In the course of a one-hour pampering experience, we will restore moisture, remove blemishes, increase the production of the skin's own collagen and restore glow on the skin of your face, neck and décolletage.	
DIAMOND MICRODERMABRASION WITH RELAXING FACE MASK (30 min.)	50,00 €
This treatment consists in simple and precise removal of the outer layer of the skin, without any side effects. It stimulates the production of collagen and accelerates the growth of new cells in the basal (deepest) layer of the epidermis. The diamond package is the best choice for the treatment of various skin imperfections: skin damage due to excessive sun exposure, acne scars, enlarged pores, wrinkles and minor pigmentation changes.	
3D LED LIGHT MASK (30 min.)	60,00 €
With non-invasive light therapy and a combination of organic and natural ingredients, we not only stimulate collagen production, but also treat acne and large pores, eliminate pigmentation and leave skin shining. LED light stimulates our cells, inducing regeneration processes that rejuvenate the skin and slow down the ageing process.	
DRAINAGE	30,00 €
The device with lymph technique for elimination of needless toxins out of the body.	
ALPHA OXY SPA CAPSULE WITH BODY MASK	45,00 €
The oxygen capsule device combines various different processes. It uses oxygen, aromas, vibro-massage, dry sauna and chromo therapy to relax your body and revitalize your skin. The device is intended for losing weight, cellulite elimination and antitoxic effect.	
»TANITA« BODY ANALYZER	15,00 €
With the use of a body analyser machine, we can determine, in an accurate, painless and reliable way, tissue composition, the percentage of water in the body, the percentage of body fat, muscle mass, fat mass, metabolic age, body weight, and body mass index - BMI.	
SPRAY TAN – FULL BODY	30,00 €
SPRAY TAN – PARTIAL	15,00 €

LA VITA - HAIR BEAUTY

WOMEN

HAIR WASH	5,00 €
HAIR CUTTING	18,00 €
BANGS	10,00 €
COMBING	3,00 €
BLOW-DRYING	17,50 €
WATER HAIR-ONDULATION	14,00 €
COLOURING SHORT HAIR	24,00 €
COLOURING MEDIUM LENGTH HAIR	26,00 €
COLOURING LONG HAIR	30,00 €
STRANDS	22,00 €
STRANDS (PARTIALS)	11,00 €
PERM PREPARATION WITH CREATIN SHORT HAIR	24,00 €
PERM PREPARATION WITH CREATIN MEDIUM LENGTH HAIR	26,00 €
PERM PREPARATION WITH CREATIN LONG HAIR	28,00 €
SPECIAL OCCASION HAIRSTYLES	40,00 €
SCALP WRAP	10,00 €
HAIR IRONING	10,00 €
ADDITIONS	5,00 €

MEN

HAIR WASH	3,00 €
HAIR CUTTING	13,00 €
BEARD GROOMING	10,00 €
SHAVING	15,00 €

CHILDREN

HAIR WASH	3,00 €
HAIR CUTTING	8,00 €

LA VITA - SPA & BEAUTY
MESSAGE AND BEAUTY CENTRE
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E: lavita@terme-dobrna.si
Opening hours:
Monday - Saturday: 08.00 - 21.00
Sunday: 08.00 - 14.00

Guests are kindly asked to arrive to their appointments on time. In case of late arrival, the duration of the treatment will be reduced accordingly. Guests who are very late to their appointment will be charged for the service and the service will be deemed completed. Cancellations must be made at least 24 hours prior to the service. Unless cancellations are made at least 5 hours before the scheduled appointment, you will be charged 100% of the price.

The price list is valid from 07/01/2019. Prices are in euros and include VAT. We reserve the right to change the prices, sales conditions, opening hours and terms of payment.